



Health And Hydrogen

Operating Manual

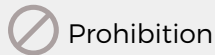
HAH-3000



Safety Notice

Keep away from fire

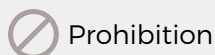
Smoking is prohibited during use, and open flames are strictly prohibited to prevent any potential danger



Prohibition

It is forbidden to repair or disassemble the product without authorization.

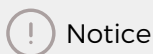
Non-professional maintenance personnel are prohibited from privately repairing and disassembling the machine, as it may result in fire, electric shock, and other hazards.



Prohibition

Confirm voltage

Before use, please ensure that the voltage meets the product's requirements.



Notice

Please do not place any sundries around the machine to prevent blocking the gas outlet, which can lead to excessive temperature and cause the machine to shut down or a decrease in the concentration of gas. Grease or grease-like substances must not be used in any part of the machine to avoid contaminating the gas outlet and posing a danger. When the machine is in operation, all gas outlets must be kept unobstructed. Do not block the gas outlet or bend the nasal pipe.



Prohibition

Ventilation

The machine should be positioned indoors in a well-ventilated area, away from direct sunlight.



Prohibition

Please select an appropriate indoor environment when the machine is in operation. The room temperature should not be lower than 10°C or higher than 30°C, as excessively low or high temperatures may result in the machine not functioning properly.!



Notice

The product must not be turned upside down or laid flat

After delivery, the machine must not be placed upside down or laid flat. When not in use, ensure the water is drained and replaced. For transport, empty the water tank to avoid damage.



Prohibition

Prohibit to use non-original accessories

Using non-original accessories for the machine is prohibited to prevent damage to the machine.



Prohibition

When the machine is not in use for an extended period, please turn off the power and disconnect the power plug.



Notice

Safety Precautions

1. Ensure that the power plug is connected to a properly labeled power outlet with the voltage matching the rating plate.
2. If the wire becomes damaged, it must be replaced by a qualified service technician.
3. Verify that the power outlet is correctly connected, and avoid using the plug under heavy loads to prevent overheating.
4. Maintain a minimum distance of 20-30 cm between the machine and walls or other objects.
5. Avoid pushing, bending, squeezing, hitting, or inserting sharp objects into any part of the machine.
6. Turn off the power before cleaning or performing maintenance on the machine.
7. Please unplug the power before cleaning the machine.
8. To clean the product's body, use a soft, dry cloth to remove dust and dirt from the surface.

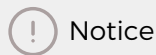
Tip: If the contamination is severe, you can use a damp cloth to gently wipe off the surface, but do not use rough materials.

Usage Precautions

Instructions for First Use and Adding Water

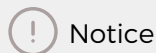
Before the initial use of the product, please add 2.5 L of distilled water (with less than 1 TDS) to the machine's water tank and let it sit for 5 minutes. Then, open the drainage outlet, drain for approximately 15 to 20 seconds, close the drainage outlet, and start the machine.

When adding water to the machine, if 2.5 L is correctly added, you can avoid overfilling. A funnel can be used to add the water if needed, to prevent water from overflowing into the interior of the machine, which could lead to equipment damage.



Notice

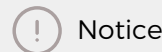
Recommendation: Use disposable tubes, assign them for individual use, and if you intend to reuse a tube multiple times, please sterilize it in hot boiling water and then reuse it, or replace it with disposable nasal accessories.



Notice

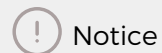
There is Water Dew in the Machine

Regarding the machine exhibiting water dew: Each machine undergoes testing before leaving the factory, and there might be a little water in the window or in the water tank. If you receive a machine with water dew, this is normal. If you notice excessive water dew on the machine, simply wipe it off with a dry cloth and allow it to dry.



Notice

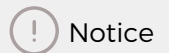
Before using it daily, please empty the water from the water container to prevent an excessive amount of water in the water trap from flowing into the nostril pipe and affecting the gasflow.



Notice

Change the water

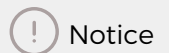
It is necessary to change the water to clean the tank and flush out any impurities. Therefore, it is recommended to change the water in the machine once every 6 months.



Notice

Ensure Timely Heat Dissipation

The machine should not operate continuously for more than 8 hours. Please turn off the power switch after 8 hours of operation, allow the machine to dissipate heat, and restart it after a 1-hour break. It is not advisable to run it continuously for extended periods to prevent damage to the machine.



Notice

Warning

1. Do not insert or manipulate plugs with wet hands.
2. Do not use water, liquids, cleaners, or any flammable substances to clean or spray on this product.
3. Do not use an extension cord unless approved by local authorities.
4. Do not attempt to disassemble, repair, or modify the equipment.
5. If not using this product for an extended period, please unplug the power plug.
6. Do not use this product in environments with significant temperature fluctuations.
7. If this product emits abnormal sounds, burning odors, or smoke, immediately disconnect the power plug in a safe manner and contact the technical support center.
8. If the plug is not suitable for the socket, please contact qualified personnel to install an appropriate power socket.
7. Do not arbitrarily change plugs or use adapters.

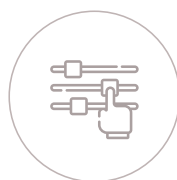
Advantages



One Click Run



Beauty accessories



Flow rate
adjustment



1-8 timing



Hydrogen only



Oxygen only



Oxy-hydrogen

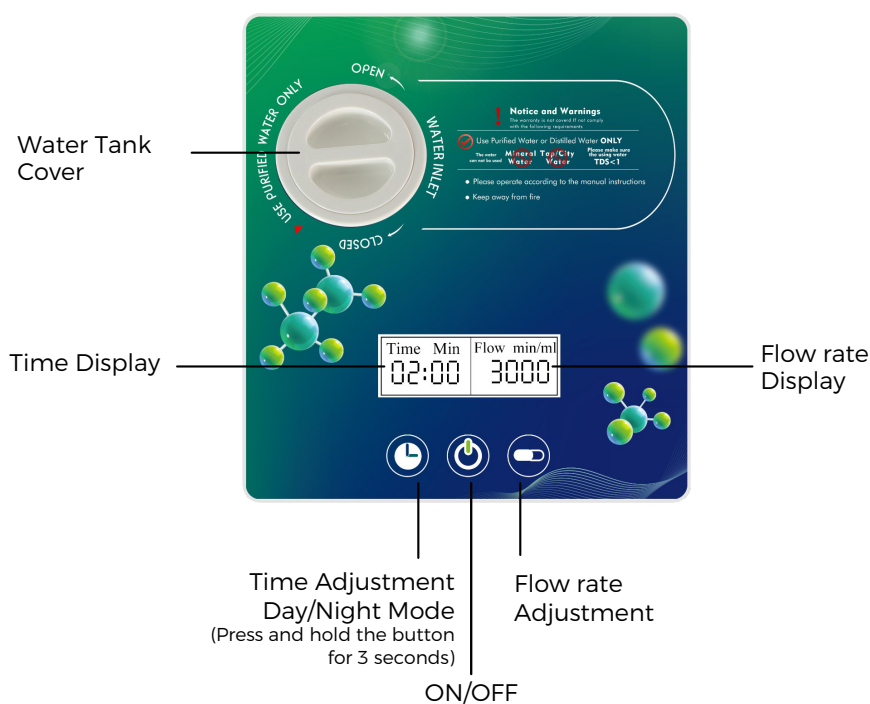


Hydrogen water

Product Specifications

Product Type	99.99% Hydrogen	Oxy-hydrogen 2:1
Flow Rate	1000/2000/3000 ml/min	
Size	235*353*360mm	
Noise	<50db	
Voltage	110V/220V	
Capacity	<150-500W	

Product Introduce



- One Click Run
- Water Shortage Alert
- TDS High Alert
- High Pressure Alert

*The diagrams in this manual are for reference only, please refer to the actual product

*if there is any technical change to this product in the future, such as the appearance and color of the product, It is subject to change without notice.

*This product is limited to normal operation and must be used in accordance with the instruction manual

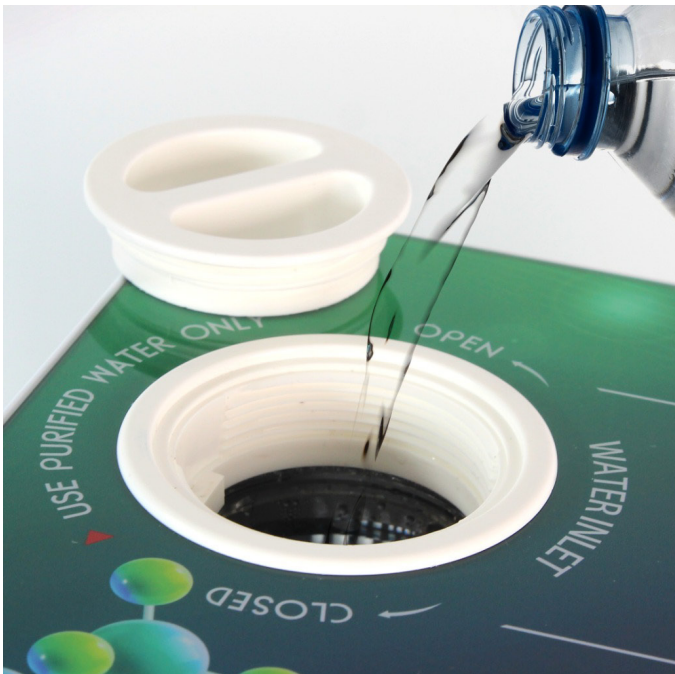
Quick Operation Guide



Step 1. Connect the power supply, turn on the power switch, the red light is always on.



Step 2. Hold the handle and turn it counterclockwise to unscrew the tank cover as shown.



Step 3. After unscrewing the water tank cover, add 2.5 liters of Pure distilled water (less than 1 TDS), keeping the level 5-6 cm below the mouth of the water tank. The device gives the voice prompt: "The water level is high."



Step 4. Open the water outlet and drain the water for 15-20 seconds.



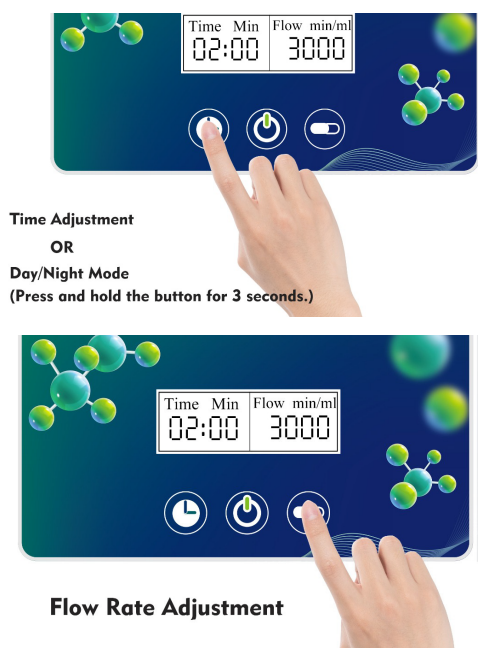
Continuous water flow (no bubbles)



ON/OFF

Step 5. In the first use, after adding water to the high level, remove all caps from the gas outlets, screw off the cover of the drain outlet to release water about 15-20 seconds (during the normal use, only give the pure water for the machine and don't need to do this step). When draining water, pay attention to observe the state of the water, water must be released until the water flow continues to flow and without bubbles. Notice: Also if you cleaned up the water tank for the maintenance of the machine after 6 months of using, pls do step 4. again before running the machine. The device damage caused by undoing this step is not covered by the warranty.

Step 6. Click the on-off button to running the machine. The outlet is connected to the nasal cannula and can be used.



Step 7. Click the day /night button on the right to switch the mode (day mode: lights on, voice broadcast; night mode: lights off, mute); Click time adjustment button on the left to adjust the using time.

Step 8. During your use, if any water remains in the water collector, it can be rotated and separated to two sides according to the "Figure" to pour out the excess water.

Screen Display Instruction



Err

Voice Prompt: best water level is reached,
please stop addling water



Err:water low

Voice Prompt: the water level is low, please add
water in time



Err:TDS

Voice Prompt: the water quality is not qualified,
please replace pure water



Err:overheat

Voice Prompt: the temperature is high, please
stop using



Err:pressure

Voice Prompt: the hydrogen pressure is high,
please check whether the hydrogen suction
pipe is bent or squized

Accessories with machine



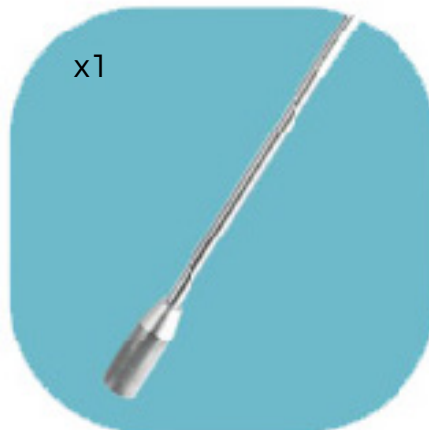
x1

NC-A Silicone nasal cannula



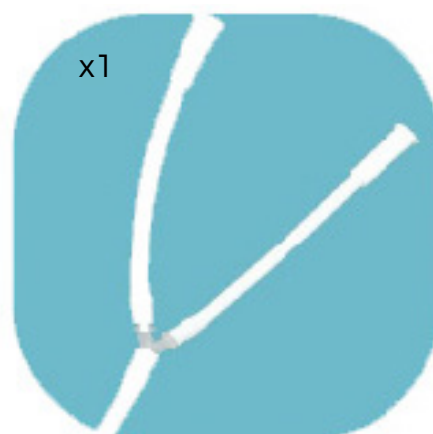
x1

J-A water collect container



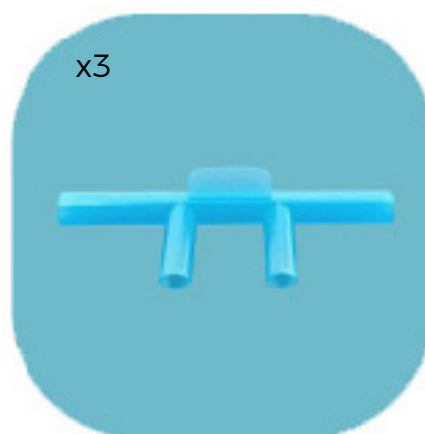
x1

HR-A water hydration rod



x1

Y-L long Y tube



x3

NC-N nose accessory



x1

NC-D disposable nasal cannula

Precautions

1. It is strictly prohibited to aim the hydrogen outlet at the open flame to avoid danger.
2. Particularly: in order to maintain the machine better, it is recommended to fill the water to the highest level before use. The machine will automatically stop running when there is no water, and can start after adding water.
3. Do not use improper water which TDS>1 such as mineral water, city water, home filter water and so on.
4. Please do not tilt the machine to a great angle when moving, so as to avoid water flow out.
5. Do not disassemble the machine at will.

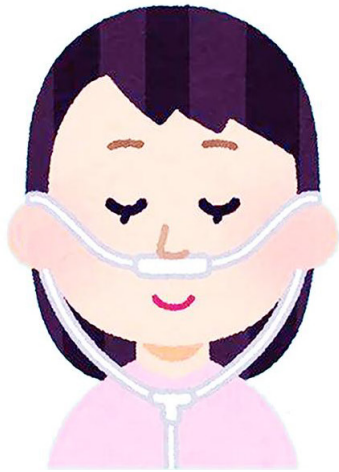


Figure of nasal cannula wearing



Hydrogen only



Oxy-hydrogen

6. Nasal cannula suggest to be used after hooked to the running machine for 3-5 minutes in order to remove its material smell. High temperature disinfection is recommended after re-peated use
7. When using a humidification bottle, keep the water at the lowest level, pour out the excess water in time, and tighten the cap to prevent air leakage. If the water continues to in- crease in the humidification bottle, or water continuously comes out of the oxygen outlet, please check if the water level in the water tank is too high. If the water tank is too full, it is necessary to drain some water from the bottom drain of the device.
8. When using nasal cannula, regular disinfection (such as boiling water heat disinfection) or replacement of nasal cannula (at least once a month) shall be implemented, and one person shall have one tube and mustn't use together.
9. Do not block the heat dissipation outlet so as to avoid damaging the machine due to the poor heat dissipation.
10. The water tank shall be kept clean, and the water shall be changed for every months or when machine alert TDS is high. The tank shall be cleaned and added fresh pure water if the machine hasn't been used for a long term.

Water tank cleaning: turn off the power supply when changing the water, unplug the plug, pour out the excess water from the tank, add a small amount of pure water, shake and then pour the excess water again, and then implement the drainage operation according to step 4 and 5 of the operation guide.

Maintenance Method

Water cleaning process (to be done once every 6 months)

Step1

Drain out the complete water from the water tank.

Step 2

Fill 2.5 liters of pure water into the water tank.

Step 3

Drain the water completely from the tank.

Step 4

Repeat the process one more time for thorough cleaning.

Repeating the operation for 2-3 times

FAQs

Q: Why you have no gas-out feeling when using the machine?

A: It's very normal to have no sensation in the nose when hydrogen gas is coming out. Hydrogen breathing does not feel like the sensation of oxygen machine. The air flow of oxygen machine is generally several times that of hydrogen machine, which can not be compared with each other.

Q: Why is there only one hole of nasal fitting in the water to output hydrogen?

A: This is normal, it's not the problem of machine or nasal cannula, because the hydrogen is the lightest gas and its characteristics makes it go through the less pressure side first, the user can try to keep two holes of nasal fitting in the water in the same level and they will output bubbles together.

Q: Must you add pure water?

A: The TDS content in other water does not meet the requirements of the machine, if other water damages the equipment, it is not included by the warranty.

Q: How to simply test if your machine is working well?

A: The user can put the nasal cannula which hooked on the machine in a cup of water, to check if it is bubbling well.

Q: What if you have more questions about hydrogen breathing?

A: The user can check our service website to get the popular science Q&A materials launched by experts and scholars.

Dear customers,

Thank you for purchasing our products. Please ensure to read the instructions carefully before use the machine so as to avoid unnecessary damages. In case of failure, you can consult the after-sales service department of our company, and we will provide you with excellent maintenance service.

We will give you a reply in the shortest possible time. Thank you very much!

After-sales service instructions

If the machine suffers a troubleshooting process

1. Please contact the after-sales service and consult the relevant staff.
2. The product purchased for in 1 year can be guided or returned for repair with free maintenance, and the purchaser shall pay the shipping cost.
3. The product purchased for more than 1 year can be guided or returned for repair, and the purchaser shall pay the maintenance cost, shipping cost, etc.



Warranty Card

Product Model

Purchasing Date

Customer Name

Address

Maintenance Record



Health And Hydrogen

Want to see how it's done?

Scan the QR code and watch the tutorial on our YouTube channel

